

SEPTEMBER 2020

# **MALNUTRITION CONNECTION**

**Providing Malnutrition Awareness and Advocacy Information to Share** 

## Malnutrition Awareness Month and Malnutrition Awareness Week™

September is Malnutrition Awareness Month and October 5-9, 2020 is Malnutrition Awareness Week™! Malnutrition Awareness Month and Malnutrition Awareness Week™ are both focused on educating the public about malnutrition and the ways in which it can be prevented and treated.

#### **Malnutrition Awareness Month**

The Academy of Nutrition and Dietetics has a **Spotlight on Malnutrition** focus for the month of September.

The Academy is hosting FREE weekly webinars throughout the month focused on malnutrition.

**Topics include:** COVID-19 and Malnutrition; Increasing Access to MNT: A Solution for Malnutrition; Heath Equity; Food Security and Malnutrition; and Malnutrition Quality Measures Across Practice Settings.

Each webinar is available for 1 CPE credit and the schedule can be viewed here.

### Malnutrition Awareness Week™

#### #MAW2020 is an annual, multi-organizational campaign created by ASPEN to:

- Educate healthcare professionals about early detection and treatment of malnutrition
- Educate consumers/patients on the importance of discussing their nutritional status with healthcare professionals
- Increase awareness of nutrition's role on patient recovery

It's a week filled with valuable educational webinars and sharing of informational materials. ASPEN Malnutrition Awareness Week™ webinars are intended to provide clinicians and administrators with specific strategies to detect, diagnose and treat, as well as prevent malnutrition through program implementation and current resource utilization.

**Topics include:** Sarcopenia and Interventions to Improve Function; Micronutrient Issues in Pediatrics and Adults; Learning from COVID-19: The Value of Nutrition Across the Care Spectrum; Addressing Malnutrition in the Community; and Indications for Starting Enteral Nutrition: A Case Approach.

Each webinar is available for 1 CE credit and the schedule can be viewed <a href="here">here</a>. There will also be a Key Learnings from #MAW2020 wrap-up webinar on Friday that is not available for CE credit. Discount code: MAW-DMT



Interested in spreading the word about #SpotlightonMalnutrition? <u>Download AND's social media toolkit</u> that includes images and sample posts.

Interested in spreading the word about #MAW2020? <u>Download ASPEN's</u> social media toolkit that includes images and sample posts.

