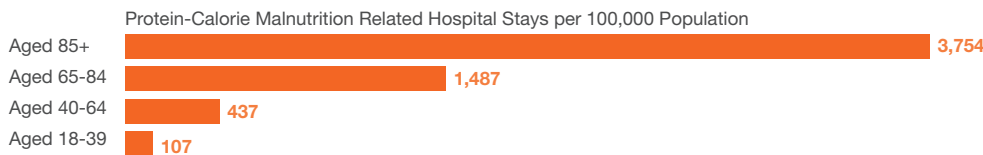


National Blueprint: Achieving Quality Malnutrition Care for Older Adults, 2020 Update

Malnutrition Is a Critical Public Health Issue

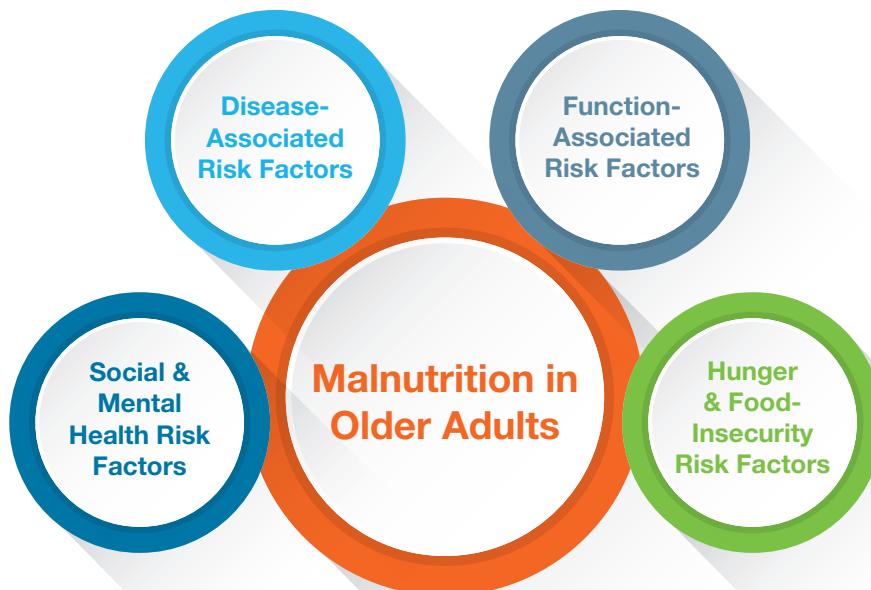


Malnutrition is Highest in Older Adults³



Malnutrition is intensified by the disparities and social isolation from the COVID-19 pandemic.⁴ Additionally, nutrition status is a relevant factor influencing the outcomes of patients with COVID-19.⁵

Collaboration Among Stakeholders in Public and Private Sectors is Needed Because Many Factors Contribute to Malnutrition in Older Adults



References

- ¹ Kaiser MJ, Bauer JM, Ramsch C, et al. *J Am Geriatr Soc*. 2010;58(9):1734-1738.
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- ³ Barrett ML, Bailey MK, Owens PL. Non-maternal and Non-neonatal Inpatient Stays in the United States Involving Malnutrition, 2016. U.S. Agency for Healthcare Research and Quality. https://www.hcup-us.ahrq.gov/reports/HcupMalnutritionHospReport_083018.pdf. Published August 30, 2018.
- ⁴ Defeat Malnutrition Today. COVID-19 and Older Adult Malnutrition. <https://www.defeatmalnutrition.today/covid-19>.
- ⁵ Laviano A, Kovarech A, Zanetti M. *Nutrition*. 2020;110834. doi:10.1016/j.nut.2020.110834.

The *National Blueprint: Achieving Quality Malnutrition Care for Older Adults, 2020 Update* advances integrated solutions across acute care, post-acute care, and community settings with four primary goals:

- 1** Improve quality of malnutrition care practices
- 2** Improve access to high quality malnutrition care and nutrition services
- 3** Generate clinical research on the quality of malnutrition care
- 4** Advance public health efforts to improve the quality of malnutrition care

Take steps to

- Implement policies
 - Strengthen best practices
 - Support quality care standards and measures
- across the continuum of care, including through telehealth services.

Learn More

www.defeatmalnutrition.today

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www.defeatmalnutrition.today/blueprint

National Blueprint:

Achieving Quality Malnutrition Care for Older Adults, 2020 Update

Goals and Strategies of the National Blueprint

Goal 1	Improve Quality of Malnutrition Care Practices
Strategies	
<ol style="list-style-type: none">1. Establish Science-Based National, State, and Local Goals for Quality Malnutrition Care2. Identify Quality Gaps in Malnutrition Care3. Establish and Adopt Quality Malnutrition Care Standards4. Ensure High-Quality Transitions of Care	
Goal 2	Improve Access to High-Quality Malnutrition Care and Nutrition Services
Strategies	
<ol style="list-style-type: none">1. Integrate Quality Malnutrition Care in Payment and Delivery Models and Quality Incentive Programs2. Reduce Barriers to Quality Malnutrition Care3. Strengthen Nutrition Professional Workforce	
Goal 3	Generate Clinical Research on Malnutrition Quality of Care
Strategies	
<ol style="list-style-type: none">1. Evaluate Effectiveness and Impact of Best Practices on Patient Outcomes and Clinical Practice2. Identify and Fill Research Gaps by Conducting and Disseminating Relevant Research3. Track Clinically Relevant Nutritional Health Data	
Goal 4	Advance Public Health Efforts to Improve Malnutrition Quality of Care
Strategies	
<ol style="list-style-type: none">1. Train Healthcare Providers, Social Services, and Administrators on Quality Malnutrition Care2. Educate Older Adults and Caregivers on Malnutrition Impact, Prevention, Treatment and Available Resources3. Educate and Raise Visibility with National, State, and Local Policymakers4. Integrate Malnutrition Care Goals in National, State, and Local Population Health Management Strategies5. Allocate Education and Financial Resources to HHS and USDA-administered Food and Nutrition Programs	

The **National Blueprint: Achieving Quality Malnutrition Care for Older Adults, 2020 Update** was developed by the Defeat Malnutrition Today coalition, Avalere Health, and the Malnutrition Quality Collaborative with support provided by Abbott.