

JULY 2018

# MALNUTRITION CONNECTION

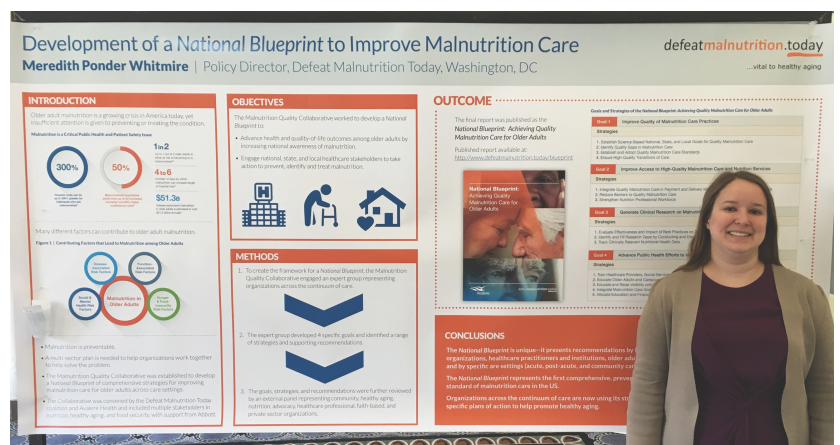
Providing Information to Share on Malnutrition Awareness and Advocacy

## Healthy Aging Summit

The [Healthy Aging Summit](#), co-hosted by the Health and Human Services (HHS) Office of Disease Prevention and Promotion and Office on Women's Health and the American College of Preventive Medicine, was held in Washington DC, July 16-17.

While the Summit examined many critical factors that contribute to healthy aging, the issue of nutrition was brought to the fore in only a limited number of sessions. One was a poster on "[Development of a National Blueprint to Improve Malnutrition Care](#)" presented by Meredith Ponder Whitmire JD, on behalf of the Defeat Malnutrition Today Coalition. The poster highlighted the multi-stakeholder process of developing the [National Blueprint](#) and its recommended goals and strategies.

"The *National Blueprint* identifies that a collaborative effort among key stakeholders in the public and private sectors is needed to reduce and prevent malnutrition among older adults across the country. Being able to feature the *National Blueprint's* recommendations as part of the Healthy Aging Summit poster presentations helped promote opportunities for collaboration," said Whitmire. "The *National Blueprint* is not intended to be an end, but rather a beginning and this Summit was one more way we were able to get the word out. We hope that the many stakeholders participating in the Summit will take the *Blueprint's* strategies and recommendations and further refine them into actionable steps to help achieve quality malnutrition care for older adults."



[This year's Summit](#) explored ways to keep Americans healthy as they transition into older adulthood and to maximize their health. It focused on prevention strategies that encourage healthy lifestyles, planning for aging, and improving the use of preventive services. Participants included those working in healthcare, transportation, built environment, housing, law and policy, and faith-based partnerships.

## Social Media Content:

- Defeat #Malnutrition Today hosted a poster session at #HealthyAging2018 -learn more: <http://bitly.com/HASposterDMT>