

National Blueprint: Achieving Quality Malnutrition Care for Older Adults

Older Adult Malnutrition is a Critical Health and Public Safety Issue



Hospital costs can be up to 300% greater for individuals who are malnourished¹



Malnourished hospitalized adults have up to 5x increased mortality² and 50% higher readmission rates³

1 in 2

Up to 1 out of 2 older adults is either at risk of becoming or is malnourished^{4,5}

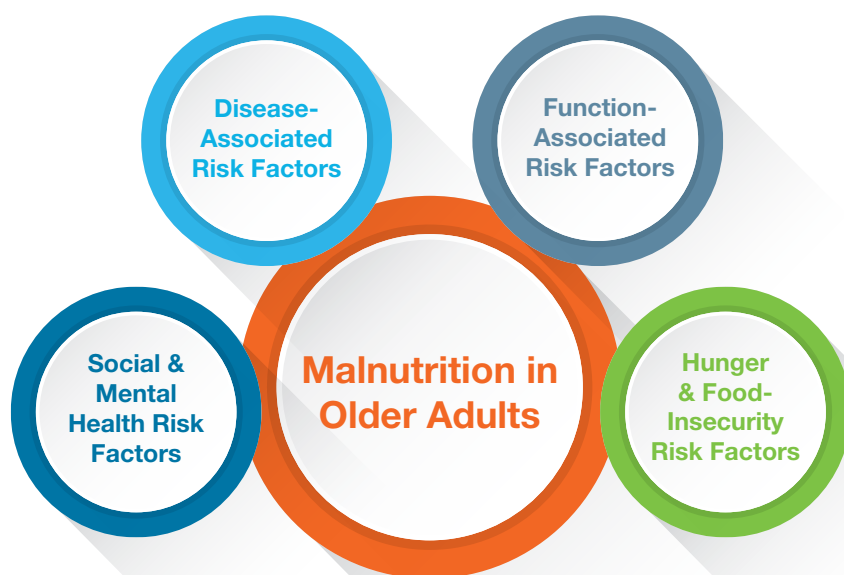
4 to 6

Number of days by which malnutrition can increase length of hospital stay⁶

\$51.3B

Disease-associated malnutrition in older adults is estimated to cost \$51.3 billion annually⁷

Collaboration Among Stakeholders in Public and Private Sectors is Needed Because Many Factors Contribute to Malnutrition in Older Adults



References

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- ⁴Kaiser MJ, Bauer JM, et al. Frequency of malnutrition in older adults: a multinational perspective using the mini nutritional assessment. *Journal of the American Geriatrics Society*. 2010;58(9):1734-1738.
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- ⁷Snider JT, Linthicum MT, et al. Economic burden of community-based disease-associated malnutrition in the United States. *Journal of Parenteral and Enteral Nutrition*. 2014;39(2 Suppl):77s-85s.

First-ever **National Blueprint: Achieving Quality Malnutrition Care for Older Adults** advances integrated solutions across acute care, post-acute care, and community settings with four primary goals:

- 1 Improve quality of malnutrition care practices
- 2 Improve access to high quality malnutrition care and nutrition services
- 3 Generate clinical research on the quality of malnutrition care
- 4 Advance public health efforts to improve the quality of malnutrition care

Support policies across the healthcare system that defeat older adult malnutrition.

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National Blueprint: Achieving Quality Malnutrition Care for Older Adults

Goals and Strategies of the National Blueprint

Goal 1	Improve Quality of Malnutrition Care Practices
Strategies	
<ol style="list-style-type: none">1. Establish Science-Based National, State, and Local Goals for Quality Malnutrition Care2. Identify Quality Gaps in Malnutrition Care3. Establish and Adopt Quality Malnutrition Care Standards4. Ensure High-Quality Transitions of Care	
Goal 2	Improve Access to High-Quality Malnutrition Care and Nutrition Services
Strategies	
<ol style="list-style-type: none">1. Integrate Quality Malnutrition Care in Payment and Delivery Models and Quality Incentive Programs2. Reduce Barriers to Quality Malnutrition Care3. Strengthen Nutrition Professional Workforce	
Goal 3	Generate Clinical Research on Malnutrition Quality of Care
Strategies	
<ol style="list-style-type: none">1. Evaluate Effectiveness and Impact of Best Practices on Patient Outcomes and Clinical Practice2. Identify and Fill Research Gaps by Conducting and Disseminating Relevant Research3. Track Clinically Relevant Nutritional Health Data	
Goal 4	Advance Public Health Efforts to Improve Malnutrition Quality of Care
Strategies	
<ol style="list-style-type: none">1. Train Healthcare Providers, Social Services, and Administrators on Quality Malnutrition Care2. Educate Older Adults and Caregivers on Malnutrition Impact, Prevention, Treatment, and Available Resources3. Educate and Raise Visibility with National, State, and Local Policymakers4. Integrate Malnutrition Care Goals in National, State, and Local Population Health Management Strategies5. Allocate Education and Financial Resources to HHS- and USDA-Administered Food and Nutrition Programs	

The **National Blueprint: Achieving Quality Malnutrition Care for Older Adults** was developed by the Defeat Malnutrition Today coalition, Avalere Health, and the Malnutrition Quality Collaborative with support provided by Abbott.