

MALNUTRITION: AN OLDER ADULT CRISIS

JUST 4 STEPS CAN HELP IMPROVE OLDER ADULT MALNUTRITION CARE



**UP TO 1 OUT OF 2
OLDER ADULTS**
are at risk for malnutrition¹



\$51.3 BILLION
Estimated annual cost
of disease-associated
malnutrition in older
adults in the US²



Protein-calorie
malnutrition
related hospital
stays are
2X LONGER³



**MALNUTRITION
LEADS TO**
more complications,
falls, and 30-day
readmissions^{3,4}



Protein-calorie
malnutrition related
hospital stays are
3X MORE LIKELY
to result in death³



SCREEN
all patients



ASSESS
nutritional status



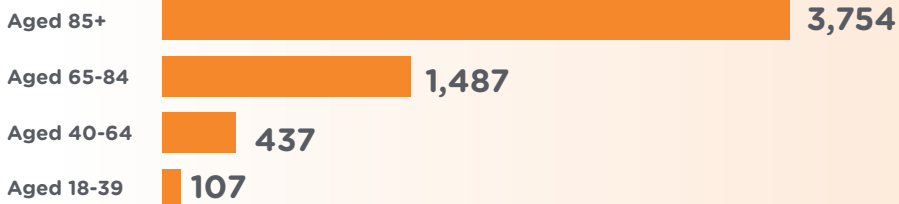
DIAGNOSE
malnutrition



INTERVENE
with appropriate
nutrition

MALNUTRITION IS HIGHEST IN OLDER ADULTS³

Protein-Calorie Malnutrition Related Hospital Stays per 100,000 Population



FOCUSING ON MALNUTRITION IN HEALTHCARE HELPS:

- ✓ Decrease healthcare costs⁵
- ✓ Improve patient outcomes⁵
- ✓ Reduce readmissions
- ✓ Support healthy aging
- ✓ Improve quality of healthcare

Support policies across the healthcare system that defeat older adult malnutrition.

Learn more at www.DefeatMalnutrition.Today