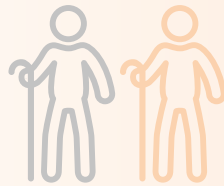


MALNUTRITION: AN OLDER-ADULT CRISIS

Just 4 steps can help improve
older-adult malnutrition care

\$51.3 Billion

Estimated annual cost
of disease-associated
malnutrition in older
adults in the US¹



**Up to 1 out of
2 older adults**
are at risk for
malnutrition^{2,3}



300%

The increase in
healthcare costs
that can be
attributed to poor
nutritional status⁵



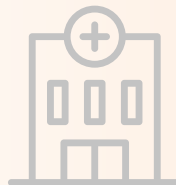
20% to 50%
of patients are
malnourished or at
risk for malnutrition
on hospital admission⁴



4 to 6 days
How long malnutrition
increases length
of hospital stays³

**Chronic health
conditions**

lead to increased
malnutrition risk



**Malnutrition
leads to more
complications, falls,
and readmissions⁶**



Screen
all patients



Assess
nutritional status



Diagnose
malnutrition



Intervene
with appropriate
nutrition

**Focusing on malnutrition
in healthcare helps:**

- ✓ Decrease healthcare costs⁷
- ✓ Improve patient outcomes⁷
- ✓ Reduce readmissions
- ✓ Support healthy aging
- ✓ Improve quality of healthcare

Support policies across the healthcare system that defeat older-adult malnutrition.

Learn more at www.DefeatMalnutrition.Today

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