

Administration for Community Living Resources from 10/6/20 Briefing

ACL caregivers and malnutrition, ready-to-use articles: <https://acl.gov/news-and-events/fact-sheets/publications-and-fact-sheets>

Subscribe to ACL updates (grant notices, etc):

<https://public.govdelivery.com/accounts/USACL/subscriber/new>

Not discussed specifically, but statistics shared came from a variety of sources. For further information on the Impact of Senior Nutrition Programs:

Evaluation of the Title III-C Elderly Nutrition Program <https://acl.gov/programs/program-evaluations-and-reports>

More Than A Meal Research, Meals on Wheels America <https://www.mealsonwheelsamerica.org/learn-more/research/more-than-a-meal>

Opportunities to Improve Nutrition in Older Adults: <https://nutritionandaging.org/wp-content/uploads/2017/03/Malnutrition-Issue-Brief-final-3-2017.pdf>

Examples of Senior Nutrition Program COVID responses, including rural areas:

Promising Practices: <https://nutritionandaging.org/promising-practices-hub/>

COVID resources for community senior nutrition programs: <https://nutritionandaging.org/covid-19/>

Additional Promising Practices: <https://acl.gov/COVID-19>

Stepping Up Your Nutrition – single session malnutrition awareness program developed by dietitians and other health professionals and delivered by trained lay leaders:

<https://www.steppingupyournutrition.com/>

Evaluation of the program: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7277589/>

Eat Well Care Well and Eat Well Age Well, developed by Pam VanKampen at Greater Wisconsin Area Agency on Aging: <https://gwaar.org/nutrition-education-and-activities>

Fresh Conversations, developed through a collaboration between Iowa Departments of Aging and Public Health, funded by SNAP-Ed: <https://idph.iowa.gov/inn/fresh-conversations/coordinators>

Healthy Eating for Successful Living created by Jennifer Raymond at the Massachusetts Healthy Living Center of Excellence is a multi-session workshop teaching nutrition and healthy lifestyle.

<https://healthyliving4me.org/programs/>

Colleague doing great work screening older adults for malnutrition risk to demonstrate the impact of community programs: Seanna Marceaux at Meals on Wheels of Central TX

<https://www.mealsonwheelscentraltexas.org/about-us/seanna-marceaux>

Example of her work: <https://europepmc.org/article/med/30080232>

Community Malnutrition Resource Hub: <https://www.ncoa.org/center-for-healthy-aging/resourcehub/>

Resource Centers:

Falls Prevention: <https://www.ncoa.org/center-for-healthy-aging/falls-resource-center/>

Chronic Disease/Healthy Aging: <https://www.ncoa.org/center-for-healthy-aging/>

Nutrition and Aging: <https://nutritionandaging.org/>

Community Referral networks for persons at risk for malnutrition can be found at the following link but one needs to dig for it: <https://nutritionandaging.org/innovation-services-hub/>